

Spring 2023

RET – EXPRESS

From the Association President – Lisa Theriot



With the 2022 Holiday Luncheon in the books, we open the spring newsletter. I hope everyone is looking forward to some exciting events this late winter and spring. We've all been itching to get out and explore! I hope that if you use Facebook, you've joined our Dallas College Retiree Association group to stay up to date on activities. I'm planning to take a group to the George W. Bush Presidential Center in March. I still can't believe I've never been there. I'm told they

have a lot of historical items related to 9-11.

As I write this message, we are making plans for the Spring Luncheon. We are hoping to return to the El Centro Culinary Program on March 9th but won't know for sure until classes are done or not next week. Speaking of the Culinary Program, the students offer a weekly lunch service on Thursdays downtown and now in North Dallas at their Culinary Pastry and Hospitality Center at Webb Chapel. The cost for the 4-course meal is \$15. You can purchase tickets at www.exploretock.com/dallaselcollegeelcentrocampus I hope to see some of you there!

This newsletter features many upcoming events sponsored by the association. Rosie Steffen is taking a group to see Eugenia Jones' artwork at AT&T Stadium. Don Baynham is planning a visit to a railroad museum in Plano, and I'm coordinating a visit to the Bush Presidential Center. We also have Bob Chambers organizing a trip to the Holocaust Museum and Derby Day at Lone Star Park. It looks like a full schedule. I just love catching up with old friends at these events and exploring places I probably would not go on my own. In addition to the Chancellor's message, we also have several interesting articles contributed by our own association members. Enjoy!

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Dr. Justin Lonon, Chancellor



Happy New Year! I hope all of you had a safe and joyous holiday break, and that you're all looking forward to 2023. It was great to see many of you at the Retiree holiday gathering in December. As we return for the Spring semester at Dallas College, the activities and advancements continue.

Faculty returned January 9, 2023, and students returned for the Spring semester on January 17. As we look ahead to Spring, there are several things on the agenda: A future development for our El Centro campus, better preparing our supervisors across the Dallas College system, welcoming a new CMO (Chief Marketing Officer), and more.

We continue to work on the planning (requirements for) a Downtown Development Project that will include the educational spaces that will replace the current El Centro Campus in what is envisioned as a comprehensive mixed-use development. We will be initiating more intense activity as it pertains to space and educational planning starting early Spring 2023.

Internally, our supervisors are responsible for over 7,000 Dallas College employees, and we want to make sure they are as prepared as possible when it comes to maintaining the overall vision and direction for the College. Created by HR, the new Pathways to Supervision Success program works to create a standardized, consistent set of expectations to support supervisors. The initiative is another way we are coming together across division lines here at Dallas College.

SACSCOC -- or the Southern Association of Colleges and Schools Commission on Colleges – has been the regional accreditor for Dallas College for a number of years. As we move forward, so must those who govern us and our outcomes. We're meeting with several prominent national accreditors to assess how they might align with our mission, especially as we begin promoting our second baccalaureate degree program. For additional context, Dallas College, like other higher ed institutions, ultimately takes direction from the U.S. Department of Education and accreditors hold us accountable for how well we comply with those directives and how we live up to our mission. We anticipate making a decision this Spring.

As an integral part of our mission, we are excited to welcome our new CMO, Dorothy Jones, who recently joined our team on January 3. Dorothy brings with her a wealth of knowledge and experience, and we look forward to the innovation she will contribute to her new role. We also thank Dr. Brad Williams for filling in as interim CMO while the exhaustive search was underway.

On a lighter note, if you're looking to experience some of the tasty achievements taking place within our culinary program, keep an eye out for this semester's schedule of weekly, themed lunch service at both our El Centro campus and at our Culinary, Pastry, and Hospitality (CPH) Center on Webb Chapel Road. Each Thursday, our culinary students present a different themed lunch service. You can read more about Bistro 1200 (at our CPH Center) in this article by Dallas Food Nerd and you can register for the lunch service of your choice online.

As we all look forward and think about what's next, the mission of changing lives via higher education in a supportive culture at Dallas College continues. We are addressing our big picture strategies at a micro level, and we are bringing forward our most impactful Dallas College values as we reach out to all our Dallas College family.

I welcome all of you to a new Spring semester, and I wish all of you a joyous and healthy 2023.

Be Well,

Dr. Justin H. Lonon Chancellor



News About Us

We encourage our members to share experiences, trips, or other information which can be shared in the Newsletter. If you have an article you would like to submit, please see "Ideas—Suggestions—News About Us—The Bucket List" found on page 22.

Vivian Dennis-Monzingo, Retiree from Eastfield



After a couple of years with limited travel, 2022 allowed fellowship with old and new friends and exploring new sites. During January, Bea Smith and I joined a group on a Caribbean cruise that included Georgetown, Grand Cayman; Cartagena, Columbia; Bonaire - a Dutch island in the Leeward Antilles in the Caribbean Sea; and other islands.

During June, I enjoyed a ten-day cruise visiting Turkey and the Greek Islands with two days pre-cruise visiting Salzburg, Lucerne, Innsbruck, and Verona. At the end of the cruise, we spent a day on Venice Island and then traveled into Slovenia to see the famous Lipizzaner's white stallion stud farm and show.

Bobbie Trout, Marvin Elke, Bea Smith, and I (retirees of Eastfield) enjoyed an Alaska Cruise from September 2 – 9. The days at sea provided quality time to reconnect with the four of us and provided some quality nap time also! A stunning highlight of the cruise was seeing a close view of the Dawes glacier. The beauty of such a wonder of nature was very special to us. The weather was rainy as we docked in Ketchikan and Juneau, but we prevailed on our shopping and sightseeing adventures. Whale watching was high on Bobbie and Marvin's bucket list. They have pictures of whales to treasure. Despite the weather, sightseeing and shopping and the cruise was enjoyed and appreciated by each of us. Bobbie Trout contributed this portion of the article about the Alaska cruise.





A friend, Sandi Wallace, owner of a great sandwich shop in Sulphur Springs, and I joined another group for the last trip in 2022. One of our first stops was Oberammergau, Germany, to attend The Passion Play. When the Bavarian town of Oberammergau in Germany promised Our Lord in 1633 to perform the Passion Play every ten years to escape the devastating Bubonic plague in the 17th century - the plague deaths stopped and since 1634 they have faithfully carried out this promise every decade.

A full day was spent in Salzburg experiencing Mozart's classical city as well as the famous movie "Sound of Music". From there we continued to Innsbruck, Austria, with a stop at the Swarovski factory. Another day was spent visiting the magical fairy-tale Neuschwanstein Castle. We arrived in Switzerland and walked across Lucerne's most prominent landmark, the medieval Chapel Bridge.

Travel is exciting and educational; however, the farm looked good when arriving home.



Delryn Fleming

Retiree from Brookhaven College

Over the years, my husband and I have taken our "grand", in the year of his/her/their eleventh birthday, on a trip to a destination of their choice for one week. The time limitation has ruled out some of the "longer" wishes, such as Australia, but we have had some fun times in Puerto Rico (twice), San Francisco, and on one occasion, Dallas! The time getting to know the grandchildren, nieces and nephews, has allowed memories we would not have built in the presence of parents and other siblings.

We completed our most recent trip on August 5. I had read in a National Parks Conservation magazine about "Park Ink," a program in which travelers collect dated, inked stamps as they visit the parks and sites around the USA. We thought Alex might be interested.



We packed into the 2019 Kia Niro, Skip's new purchase, and headed to Santa Fe. The Santa Fe events fall in the "other" category because we did not visit a national park there. Instead, Alex and Skip headed up the Sangre de Cristo with cousin residents Tom and Christy for a three-hour hike. That afternoon, Alex, Skip and I went to Meow Wolf: The House of Eternal Return. I can't describe Meow Wolf except to say it is an immersive, sensory overloaded art adventure. Check it out at meowwolf.com. Grapevine is getting a new installation in 2023. If you are the first to take your grandchildren, you will be adored and remembered forever!

The introduction to "park ink" occurred at El Malpais National Monument. A ranger showed Alex the official collection booklet, how to "ink" the stamp and practice on small pieces of paper before affixing the stamp to the booklet. She was hooked. By the end of our trip, she had collected stamps at El Malpais, at Great Basin Petrified Forest, Grand Canyon, the Meteor Crater and Mesa Verde.

After driving to Flagstaff, AZ, and a good night's sleep, we were up early to beat the crowds at THE GRAND CANYON. Surprise! The park was not crowded. The shuttle bus drivers insisted on masks being ON THE FACE before visitors stepped onto the bus, so the short rides between the major sites were convenient and safe. With high temps in the low 80s, we took in the majestic views as long as we wanted at each of the stops. The canyon is breathtaking, as you probably know, and is an excellent lesson in geological time. Everyone should see it at least once.

Leaving the Canyon in the afternoon, we were too late to get a stamp at Four Corners Monument. Had we known the site was "closed" at 6 p.m., we might have left the Canyon sooner. But, maybe not!

We found a novel motel in Cortez, CO, the Retro Inn. I probably would have passed it up thinking we'd just see second hand furniture and the smell of mold. I am glad I let Skip make that decision: new reproductions, clever decorations, and the best breakfast of the trip. The early morning appointment with a guide for Mesa Verde gave us reasonable temperatures as the day began to warm up. The cliff structures from 500 to 1200 CE reminded us of lessons we can learn from archeology. The National Park service maintains constant protections of these structures.

Leaving southwestern Colorado, we drove to Taos for an overnight at the Sagebrush Inn. Early the next day we joined the Big River rafting group for a trip down the Rio Grande. I had thought that since it was already August at the end of a drought-ridden summer, that we would have more of a "float" than an adventure. I was wrong. Recent rains provided Level 2 and 3 rapids!

And there I was rowing like a madwoman to help keep my side of the raft upright.

When we got out of the river, we put on dry clothes at the ranger station's changing room located in the parking lot. Alex went inside the station and picked up her last souvenir, a "travel" stamp: 2022 Rocky Mountains Regional Stamp.

It had been a long week in the car, so we left Taos and drove as close to home as possible. One more overnight, this one in Childress, and we made it to McKinney by 2 p.m. on our seventh day. Full of good sights, good food, good memories. And no COVID!



Glenda Easter Retiree of El Centro



We are so fortunate to report that we've had multiple blessings in our lives this year. My husband and I finally finished our new home at Cedar Creek Lake in Malkoff, Texas. We had decided that we would go and stay for six months, and if we liked it, we would put our home in Dallas up for sale and move there permanently. Our plans were to move in the Fall. In August we entered a new path in our lives when we became guardians for our great-grandchildren, ages 3 and 6 years old. Because we needed to get Amiayah, age six, in school with little time to do so, we had to postpone our move to our new home, but we've gone to Malakoff as often as was possible. We were very fortunate that we got to celebrate Thanksgiving, Christmas, and New Year there. Our new home is beautiful, and the kids love it there. We are going to get Amiayah transferred to Malakoff Elementary so we can go ahead and move there permanently. With a potential move in sight, we will be putting our Dallas home on the market. I know we need to do this soon before the market declines too much. We've done some things to make our new home more sustainable including a well—hence

no water bill. We added solar to eliminate the electric bill. These changes will positively affect both the environment and our utility bills.



The one thing that made this Christmas so special was playing Santa Claus for the children. It was a joy to take them to see Santa in Cedar Hill. That was another first, and the pictures show their smiling faces.

I could say we went overboard with Santa requiring my son and husband to stay up nearly all night putting together a riding truck for Dae'Shawn and a Minnie Mouse car for Amiayah. That combined with the orange (glow in the dark) dump truck and the Cry Baby made it a perfect Christmas. I must admit that finding a dump truck and covering it with reflectors so it would glow in the dark was no easy feat, but it met Dae'Shawn's expectations.

We've not only been blessed to have a new home, but we've also been blessed with our precious great-grandchildren. When we first got them, Chuck and I didn't know how we were going to care for small ones at our age, but we've made it. I just pray that God gives me some of their energy.

Dr. Bettie Tully Retiree of El Centro



Well, I enjoyed the holidays, but was exhausted when they were over. It seems that my newly acquired life skill is to accept that any kind of intense emotional feeling—good or bad, will leave me exhausted unless I pace myself. So, on that note, I will send all of you the same message I sent my Facebook friends. (Happy New Year to all my friends and my beloved family! "Forever young, Forever young...May you be Forever young." As usual, Bob Dylan knew what he was talking about. My similar advice to you is this: Whatever your real age, keep on learning and conversing, keep on singing, and keep on loving with your heart and soul!)

My quality of life while aging depends on learning how to respect fully all of the people in my life by also knowing and respecting myself. Therefore, I can only help a brother, sister, mother, father, colleague, friend, or anyone else if I am functioning in terms of interpersonal skills, at a level at least slightly higher than their levels. If it is true, as I believe it to be, then I must be self-aware, and ask for help when I need it. As trusted, competent friends, colleagues, or relatives, you will be my source of support and gentle constructive feedback.

If you happened to read my last article, you know I totally believe that my healing and good health are dependent on the quality of my interpersonal relationships. They not only affect my physical well-being, but also my emotional state. Since we all have our own ways of coping with unique issues, I offer these suggestions only as examples of my feeble efforts to live a healthy life.

Today, I am passing on to you a few ideas about how I try to be responsible for my own behavior in my relationships:

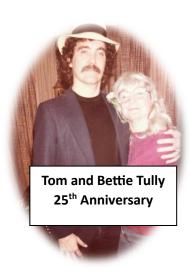
- > The only behavior I can control is my own. It is such a temptation to try and "make" other people change. When I recognize the futility of such efforts, and indeed, the negative response they evoke, I can save all that energy for my own personal growth.
- There are many "right ways" to do most things. Just because my experience tells me that one particular method works, this does not preclude the efficacy of other approaches to tasks or problem solving.
- My style and pace may not be the best for someone else. For my own well-being, I need to be calm, move slowly, communicate simply and clearly, and stop when I am tired. It is okay for you to be intense, quick, complex and fastidious about details. We will complement each other.
- > The only way I can lose my personal power is by giving it away to someone or something. I do not want to invest my ego or identity in some idea, project, or person. Ideas, projects, and even principles are subject to the whims of too many people and circumstances.
- > I also want to remember there is a great difference between consulting and asking permission. One allows me to function as a competent adult; the other places me in a childlike, one-down position.
- As part of any human system...family, work group, bowling team, therapy group social group, etc., I am always aware that everything I do will impact that system...for better or worse. (My goal, as a system member is to help create an environment that encourages my independence, creativity, self-confidence, and self-expression while providing opportunities for collaboration, mutual respect, great fun, and achievements that are possible

only through the synergistic efforts of a healthy group. If I feel valued enough to totally be myself with you, I will save all the energy I usually expend on restraint and use it instead for good work and good times.)

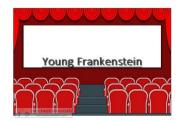
I know that this homily sounds very Pollyanna-ish, and yes, I do lean toward optimism, but for the next issue, I will acknowledge that indeed there are some people who think they can "succeed" only by diminishing or insulting others, and we all need to be schooled in how to deal gracefully with Bully or Mean behavior. So, tune in to the next newsletter on how I have learned to do this fairly well.

Love, Bettie

Dr. Bettie L. Tully (214) 563-8829



Theater Events



On October 30th several of us attended Young Frankenstein at Theatre Three. We first met for lunch at the new location for The Dream Cafe. The restaurant is within walking distance of the theater, and we were thrilled to see they have an expansive patio with trees and tables spaced far enough apart that you could actually hear each other! It is also surrounded by buildings so there was no noise from McKinney. After our lunch

we discovered that during Covid, Theatre Three had renovated its lobby area. It is a huge space and includes bathrooms on the same floor as the theater! For those of us who no longer like stairs, this was a plus. The cast did a wonderful job with the play and a good time was had by all.





Texas Electric Railway System Museum

The Spring tour will be of the Texas Electric Railway System Museum, which is located in the Railway System's 1908 depot, near downtown Plano. We will also tour the Museum's 1911 rail car #360.

The date is Friday, March 17. Time is noon.

After the tour we'll have lunch at Desperados Mexican Restaurant in Garland (at 1:00, on your own). The restaurant is less than 6 miles from the Museum.



If you're interested, please email Don Baynham

(donbaynham@outlook.com).

George W. Bush Library





On March 31, 2023, the RA will visit the George W. Bush Library. We will meet there at 10:30am. Tickets are \$16 for adults and \$13 for seniors. You will need to purchase your ticket in advance at www.bushcenter.org.

I strongly encourage attendees to park at the Mockingbird DART Station or ride the train to there. Parking there is free. Parking at the Bush Center is limited and costs \$5 for the first hour and \$1 for each half hour after. You can ride the Route 440 Mustang Express shuttle from Mockingbird station to the center. The cost is \$3.

We will have lunch after the tour at either Café 43 at the Center, or at The Grilled Cheese Co. or The Urban Taco at Mockingbird Station.

Please email me at Lmtheriot@msn.com to let me know if you plan to attend.

Horse Races/Derby Day at Lone Star Park in Grand Prairie.

Saturday, May 6, 2023

Cost: \$70/person

Reservation Form: Page 22

The horse race costs have gone up from \$60/person last year to \$70/person for

2023. In the past we have had to guarantee 40 people. This year, Rosie Steffen was able to make arrangements for us to have one or two tables of 8 people each. We have to give the management at Lone Star Park definite information soon, so if you are interested in going, call Rosie at (972) 699-9649 immediately to see if there are available slots. Then, by **February 7**, mail your reservation form and a check for \$70 per person to Georgia Francis, 7215 Winterwood Lane, Dallas, TX 75248. It is a fun event that we hope you can attend.

Holocaust and Human Rights Museum

March 22, 2023 at 11:00 a.m.



I've heard from a good number of people about a visit to the **Holocaust** and **Human Rights Museum**, so I propose we do that first this year. Let's plan on Wednesday, March 22; if we start at 11, I'm told we will miss most of the school kids. Right now, the HHRM is requiring 15 participants in order to have a docent-guided tour, and they also require advance payment. I think the easiest way to do it is for me to pay in advance, and you guys can pay me when we meet up. Is that okay? It's \$14 for seniors (or educators). Maybe have lunch afterward at the YO Ranch Steakhouse?

The HHRM is at 300 N. Houston St; parking lot is across the street, and there are several other lots in the area. Dart West End Station is one block away on Pacific between Market and Lamar. If you are able to let me know you plan to come, that would be great! My cell is 469-271-2684, and e-mail is bchambers101@verizon.net.

Dallas Arboretum

Friday, April 14, 2023

I also want to propose we go back to the Arboretum for Spring Blooms on Friday, April 14. We will all need to buy tickets in advance online; it's also a good idea to pay for parking in advance, since it costs a little less. If we show up at 10, we should have time to walk around and get hungry by 11:30. The DeGolyer Restaurant is closed right now for some work, but I will make reservations for us. They reopen in February.

The price for the Arboretum is also \$14, and parking is \$10 in advance. The address is 8720 Garland Rd, 75218, and the phone number is 214-515-6615.



My cell is 469-271-2684, and e-mail is <u>bchambers101@verizon.net.</u> Questions and suggestions are welcome! See you soon, I hope.



Spring Luncheon and Meeting

Thursday, March 9, 2023 Check-in and Chat 11:00 a.m. – 11:30 a.m. Luncheon and Meeting 11:30 a.m. – 1:00 p.m.

El Centro Dining Hall, C100 Reservation Deadline: March 2, 2023

The reservation form is on page 22 of this newsletter.

Enjoy a gourmet lunch of Chicago/Midwestern Cuisine prepared and served by the students in the award-winning culinary program at El Centro Campus. We don't know the menu yet as that is determined by the students after the semester starts, but it will be a delicious three course meal! And this is a good opportunity to be on a campus and see students again.

Cost: \$17 per person (Includes a \$2 "tip" for a scholarship for students in the classes preparing and serving the meal. Students cannot accept tips.)

If you have a dietary restriction, please write it in the space provided on the registration form.

Parking and Transportation: You can take the red, orange, blue, or green DART line to the West End Station. El Centro College is one block south. (Schedule and fare information for <u>DART</u> or 214-979-1111.) There is parking for a fee around the college.

The college has a security officer stationed at all entrance doors to check identities. The easiest thing is to wear a retiree/employee badge. If you don't have one, the officers will have a list of those attending the luncheon so you won't have to sign in and present ID.

Rosie Steffen, Coordinator, 972-699-0649



Theater Events

Donna Strain, Coordinator, dstrain50@gmail.com, (972) 780-1413

I have been unable to find a theater event for the spring of 2023 that I think our group would enjoy. All theater events are chosen based on time of day, free parking, location and reasonable ticket prices.

These are the venues that I have checked:

- 1. Theater Three
- 2. Majestic Theater
- 3. Texas theater
- 4. Moody Performance Hall
- 5. Undermain Theater
- 6. Music Hall at Fair Park (above \$50 in balcony)
- 7. Lake wood Theater (permanently closed)
- 8. Irving Arts Center (one possibility here but I will be out of town)
- 9. Theater Arlington
- 10. Eisemann Center (they only have January listed so I will check back on this venue)
- 11. Texas Theater
- 12. Kalita Humphreys
- 13. Dee and Charles Wyly Theater (expensive)
- 14. Granada Theater
- 15. Garland Theater (possibilities here but only have Sunday matinees and location issues)
- 16. Duncanville Com Theater (possibilities here but only have Sunday matinees and location issues)
- 17. U of Dallas (will check throughout the semester)

If anyone knows of a local theater in their area that I should check, please let me know. The only problem with going to a community theater is it is not always located where all can easily attend. I will communicate through email so if something becomes available, I will email you. To make sure I have your email on my list, please send me your information to dstrain50@gmail.com

Donna

Retiree Association Scholarship



The selection committee for our \$1000 Retiree Association Scholarship for Spring 2023 was comprised of Ed Garcia, Lisa Theriot, John Wells, and Georgia Francis, chair. There were 31 qualified applicants, the most we have ever had. Several were extremely well qualified. Since the selection is all computerized, we won't know who the recipient is until after the certification date, January 30, to be sure the student continues to stay enrolled in the minimum number of hours required (12 hours) for the semester the scholarship is awarded. Recipients will be honored at the Spring Luncheon.

As of January 1, 2023, our endowment was \$9,775.55, and the amount available for scholarships was \$13,655. Since we had made a little over \$2,000 on our endowment for the fiscal year, and since we had so many good applicants, we decided to award two \$1,000 scholarships for the spring semester. As of January 1, 2023, our amount available for scholarships was \$13,655; this is before the scholarship is paid for Spring 2023.



New Retirees: Welcome! We know you've looked forward to the day when you didn't have to get up early to go to work. Relax, you can now sleep as late as you want, take all those exciting trips that you've planned, and simply enjoy the good life of retirement. Our retiree association welcomes you to retirement and hopes you will join our organization.

Employees who retired May 2022 through August 2022

Name	Location	Name	
Allen, Gemmy	NLC	Parrott, Lois	RLC
Crawford, Pamela	ECC	Paul, Pramodal	NLC
Fernandez, Charles	MVC	Reyes-Chinchilla	NLC
Finch, Cheri	DO	Rodgers, Samuel	MVC
Flores, Michelle	DSC	Sandoval, Raymond	RLC
Gordon, Una	ECC	Saucedo, Silvano	RLC
Haldeman, Jeremy	RLC	Scott, Ladan	ВНС
Heiskell, Rebecca	MVC	Sexton, Kelly	NLC
Johnson, Marvin	ВНС	Siegle, Clive	RLC
Jones, Christa	MVC	Silva, Margaret	MVC
Long, Kathleen	ВНС	Spicer, Mae	RLC
Longoria, Rudy	ECC	Stagner, Jeffrey	DSC
Mason, Peggy	ВНС	Swedlund, Trudi	RLC
Maynard, Francyenne	NLC	Thaxton, Ellen	внс
McCoy, Clarice	ВНС	Thomas, Janice	EFC
Meersman, Key	ВНС	Thompson, Darrell	MVC
Norris, Denny	ECC	Warnberg, Charles	внс
Ostero, Enrique	NLC	Wolf, Charles	CVC



Maggiano's Holiday Luncheon and Business Meeting December 13, 2022

The luncheon and business meeting were called to order at 11:28 a.m. by Retirees Association President Lisa Theriot.

Approximately 79 members and guests attended the luncheon.

Welcome

Lisa Theriot, President, DCRA welcomed the members to the luncheon and business meeting. She introduced current board members and honored guests including Dallas College Chancellor Justin Lonan and other DC personnel who have been instrumental in working with the DCRA.

Chancellor's Remarks

Chancellor Lonan greeted the members of Dallas College Retirees Association (DCRA) and apologized in advance for his early departure from the luncheon/meeting early. He had a meeting scheduled previously with a Dallas College board member.

He updated the membership on current events taking place with Dallas Promise and shared early-to-college enrollment numbers. While the slight decline in enrollment numbers is due to COVID nationwide, Lonan said the numbers are slowly increasing at 6%.

Membership and Financial Report

Diane Graifenberg, treasurer, provided a list of current membership present at luncheon, and the financial report. As of December 13, 2022, the cash on hand at Chase Bank is \$30,054.59, less encumbered funds \$4,383.16 (this number is different from report given due to tip given) which results in unencumbered funds of \$25,171.43. Savings \$505.07.

Minutes for Review and Changes to Position for Approval:

Lisa Theriot introduced Linda Savage as Interim Secretary for the Retiree Association to fill the current vacancy. The Interim Secretary position and minutes were approved by the membership.

Announcements

The Newsletter is scheduled to come out in early February 2023. Lisa asked all members to complete an information form located on each table if they had not received the on-line notifications and newsletter. This form will help ensure that the data in the membership system is current.

The Event Coordinators presented plans for special events throughout the spring. (These events are detailed in this newsletter.)

If anyone has events to suggest, they are asked to send them to Lisa Theriot, DCRA President and Glenda Easter for the Spring Newsletter or any DCRA board member.

Door Prizes

Roise Steffen, Lisa Theriot and Georgia Francis coordinated announcing the door prizes.

President Lisa Theriot adjourned the business meeting at 1:30 p.m.

Minutes respectfully submitted.

Linda Savage, RA Interim Secretary



We Extend Our Sympathy to the Families of Those Retirees Who Have Passed Away

Retirees of Dallas College Who Have Passed Away

- > Judy Garza, a retiree from the Bill Priest Institute passed away on October 8th.
- ➤ Guy Gooding, a retiree of the District Office, passed away on November 18, 2022.
- ➤ Jackie Tulloch, a retiree of several colleges and the District Service Center, passed away on November 18, 2022. Jackie was married to Howard Penn, EC retiree.
- > Shurley Bell, a retiree from Richland College, died on March 20, 2022.
- Mary Cox, LCET/DO retiree, passed away at age 102 on November 30, 2022.
- ➤ Kenneth Hart, a retiree from Richland College, passed away on January 6, 2023.

Retiree Family Members who have passed

- Misti Liles from DSC lost her mom, Mrs. Vickie Crocker October 27, 2022.
- ➤ Jean Chapoton's husband, Charles Chapoton, passed away on December 2, 2022.
- Gus Katsigris from ECC lost his wife, Evelyn, on January 10, 2023.

Has Your Emergency Focus Changed? Norm Howden, El Centro Retiree

When we retire, we have habits that are well developed for our daily lives, particularly at work. Unfortunately, the life of the world around us is changing and thinking of new challenges to bump us out of that comfort zone. As civilians it's easy to let our guard down now that we're not worrying about students and the school – so it's time to reassess our survival instincts and reactions.

There are a lot of tips and checklists for emergencies – the best of them can be found at READY.GOV where there are tips for almost any emergency you might encounter along with checklists to prepare yourself and family.

Despite all the in-depth information you can browse, from tornadoes to terrorism, one element of emergency preparedness stands out — **situational awareness**. Wherever we are, whether at home, at work, shopping, playing, vacationing — our surroundings and the people in them matter! Here are some crucial tips for being situationally aware from "READY":

- Stay alert. Always be aware of your environment and any possible dangers.
- If you see something, say something® to local authorities. That includes suspicious packages, people behaving strangely or someone using strange communications.
- **Observe warning signs**. Signs might include unusual or violent communications, substance abuse, expressed anger or intent to cause harm. These warning signs may increase over time.
- Have an exit plan. Identify exits and areas to hide wherever you go, including work, school and special events.

My own personal adds to that list:

- if you can, try to spot fire extinguishers, exits, fire pull stations, and AED stations.
- take a refresher training maybe "Stop the Bleed", CPR, or First Aid

Some excellent examples of situational awareness can be found in a book by Amanda Ripley *The Unthinkable: Who Survives When Disaster Strikes - and Why*

Wait up! There is another disaster we retirees might encounter – a scam. The National Council on Aging (NCA) identifies three key considerations we should make in our personal business dealings:

- Health insurance fraud is a common scam affecting seniors. Guard your medical information carefully.
- Don't buy services or items from telemarketers. Take time to weigh your options.
- Do research and ask for references to avoid home repair/contractor fraud.

Plenty of detail about transactions and tips are available on the <u>NCA website</u>.

Retiree Association Membership Roster

Contact Diane Graifemberg at <u>dgraifemberg@gmail.com</u> or at (972) 816-0546 regarding questions.

2023 LIFETIME MEMBERS (As of November 15, 2022)

Olivia Novelo Abreu **Dottie Clark** Sandy Groom Patricia Acrea Glenn Clayton Jonathan Haight **Thomas Adams** Jean Conway Susan Hall

Ramona Hamilton Mary L. Adams **Tammy Cooper**

Johnyce Alders Mary Cooper-Wallace Jim Handy Ken Alfers **Lionel Cortez** Velma Hargis

Monique Amerman Joe Cortina Nancy Harrison Lois Ames Charles Dale Tricia Harrison **Thomas Anderson Brenda Dalton** Kathry Hegar Merry Ellen Daniel Jov Arndt Tom Henderson

Brenda Arnold-Darensbourg Joe David Patricia Henry Alberta Davis Jimmie Henslee Patricia Davis

Mary Lou Avera Linda Baker Jerry C Henson Ella Barber Vivian Dennis-Monzingo **Ruby Herd**

Nancy Barlow **Edward Des Plas Dorothy Herndon** Don Baynham Barbara Dogger Marilyn Herridge

M. Sharman Beasley-Vesecky Karen Doss-Harris Maria Hinojosa Marvin Bechtold William Drake Margot Hirsch Mildred Bell Irene Dryden Linda Hoffman Martha Hogan Rodger Bennett Deborah Dutschke Glenda Easter Vernon Beuke R. Chris Holland **Beverly Holmes** Peggy Biegler Ines Eishen Martha Black Marvin Elke Mike Howard

Reba Blackshear Frank Ellis Norm Howden Chris Boldt Phyllis Elmore Martha Hughes Lisa Erich Patricia Bollin **Ted Hughes** Dru Bookout Roz Ewalt Sarah Hutchings

Glen Bounds Patricia Ewert Pamela Ice Casandra Bowell Larry Felty Nathan Ivey

Cynthia Bowlin Sarah Ferguson Mary Alice Jacquez **Delryn Fleming** Darlene Branscome Claralyn Jefferson Dee Brock Marcia Funnell

Jamie Jenkins Zina Gardner Jacqueline Burden **Hector Jimenez** Patricia Byars Susan Garza Ann Johnson Claude Caffee Mary Frances Gibbons Carole Johnson

Susan Calhoun Herlinda Glasscock Rosa Johnson **Tony Gobar** Luis Camacho **Becky Jones Beverly Carpenter** Mariaelena Godinez Jesse C. Jones

Robert Carpenter Angela Gomez Virginia Jones Jacquelyn Caswell Linda Gomez Mahon Justice **Enrique Chamberlain** Robert Gonzalez Carol Karsteadt **Robert Chambers** Stephen Gooch Costa Katsigris

Maria Chobany Carole Gray Susan Klutts Carol Cinclair **David Gregory Betty Kovac** Richard Cinclair Lindle Grigsby Cindy Krause

Dallas College Retiree Association 2023 Lifetime Members (Continued)

Karen Laljiani Jerry Owens
Chris LaLonde Ursula Palmer

Francis Osentowski

Chris LaLondeUrsula PalmerDawn SegrovesAnita LandenbergerJoan ParentPhilip ShelpNancy LeCroyNanette PascalCarole ShlipakAlice LeeJane PenneyAnahita Sidhwa

Barth Loe Angela Perez-Michael Jane Slone
Victoria Magee Dan Perkins Ronald Slone
Diane Martin Mary Petterborg Bea Smith
Fred Martinez James Picquet Tim Smithart
Marco Martinez Jennie Pollard Beth Sonnier

Rick Maxwell Rodger Pool Maaa Tony Sookoor

Marilyn Mays **Judy Pouncey Debbie Speck** Robert McArthur Maria Caratini Prado Patricia Spence Mary Metcalf **David Preston** Hal Spiegel Gay Michele Pam Quinn Susanne Starlin Reva Rattan Rosemarie Steffen John Millemon **Dava Stephens** Ellen Miller Marty Ray Susan Miller Calvin Richard Wanda Stimson **Becky Stinson** Frank Millsap Donna Richards Reininga John Minnett Linda Richardson Donna Strain Diana Moore David Riehl Jimmie Strain

Michael Moore Margaret Jackson Riley Marilyn Sullivan
Pierrette Mouledous Cynthia Risher Tim Sullivan
George Mount Vic Rizzo Trudi Swedlund
Lou Myers Claudia Robinson Lisa Theriot
Rosemary Neiman Maria Rojas John Trickel

Gina Nelson Pamela Rouze Robert Trotter, Jr Sandra Newton Lonnie Roy **Bobbie Trout** Viola Ruck Annetta Norwood Kathryn Tucker Susan Russell Spencer Olesen **Bettie Tully** Carole Olson Sally Satterwhite Susan Turner Kay O'Neal Herlinda Savage Stephen Twege

Jerome Scardina

Mary Osentowski Patricia Scardina Ronald Van Gordon

2022-2023 Annual Members from January 1, 2023 – September 30, 2023

Travis Ueoka

Eva Anderson Earlene Bond **Chris Cantrell** Rebecca Boriskie Mel Anderson Patsy Caropresi Janice Andrews Carolyn Boshart Joan Carroll Donnine Balance Jacquie Bradley Jean Chapoton **Dennis Cheatum David Bartley** Barbara Branum Heidi Basett Sheila Brock Tina Chin

Nancy Beaver Betty L. Brown Rich Chumbley
Joan Becker Linda B. Brown Mary Ciminelli
Delfina Bedarte Vicki Buford Howard Clapper

Michael Bell Leslie Burkel-Powell Adriana Cobo-Frenkel

Joanett BlackburnHelen ButlerKathleen CookBart BlaydesRay CanhamGlenn Currier

2022-2023 Annual Members from January 1, 2023 – September 30, 2023 (Continued)

Tonva Daily Mary Kay Jacobson Bobby Nieman Millie Davidson **Robert James** Linda Noblin **Dorothy Jean Disher** Patti Jennings Gwen Oliver Dianna Drury Sharlee Jeser-Skaggs Daisy Ollie Lynda Edwards **Sherry Jessup** Clara Sue Parks **Delores Elder-Jones** Maylene Johnson Tony Pecina

Margaret EtheredgeJerry C. JonesJulienne PendletonVallye EzellPat JonesCarthy Perez

Nancy Faris
Pat Jones

Nancy Faris
Margarette Jones-Davis
Pamela Farley
Shirley Kaczka
Jane Peterson
Barbara Field
Doug Keenan
Jack Pierce
Walter Lee Fleming
Ida Keller
Dorothy Keylon
Rose Pope

Bill FowlerLinda KleenJoyce PowellGeorgia FrancisFrank KormanKatherine PritchettJerry FrancisCecilia KornegayErnest RagerAlice FulbrightJudith LambertSulema Ramos

Bettey Fuller Len Larsen Diana Reding
Ed Garcia Annie Lee Josie Regnault
Elaine Gardner-Morales Terry Lefler Jackie Reynolds
Kim Garrett Doris Leigh Frances Rhodes

Kim GarrettDoris LeighFrances RhodesJudith GarzaRita LewisCheryl RoachMichael GarzaSue LichtenNancy RobertsClaire GauntlettPaul LindseyPeggy Rodgers

Jacquelyn GleeWilliam LineberryCynthia Ann RogersLarry GoffPeggy LittleJeanette RogersonKatherine GonnetVeda LittleLincoln RollingClaudia GoodsonSharon LoftisTheresa RoseRegina GowensScott LongacreJane Rowe

Diane GraifembergMarie ManessJanie RubalcavaKarla GreerMonique ManneringAnne SchroederLinda GrovesWilladean MartinAdrianne SettlesSharon GrubbsIvan MartinezIsa Shores

Tony Hall Paul McCarthy Bill Slonecker
Eileen Harding Jerry McElveen Kathy Slonecker
Virginia Hayes Judy McMullan Dianna Smith
Vera Estelle Haynes Earldene McNeill Rosemary Smith

Vera Estelle HaynesEarldene McNeillRosemary SmithMary Jo HenryMarti MendiolaLupe SolisGus HerringNorma MendozaMarilyn StacyHarold HillJana MyerBrenda Stevenson

Rose Marie Hilmer Rosalinda Minnis Janet Stiles
Thomas Hilmer Sandra Mogollon Rose Talbot

Trina Ho Betty Moran Martha Timberlake

Jo Holland Traci Morin Elena Torres
Helen Howard Larry Mosby Irma Tovar
Ora Howard Tom Motley Charlotte Tunnell
Robert Hueston Barbara Murray Stephanie Venza

Debbie Hutchison

Claudia Neeley-Plog

Laura Waddle

2022-2023 Annual Members from January 1, 2023 - September 30, 2023 (Continued)

Sharon Wagoner Bill Wells **Becky Witherspoon** Jo A. Walker Bill White Shirley Woelfle **Thomas Walsh** Jim White **Evelyn Wong** Joan Washington Jerome Williams Joseph Wong Jeanice Weatherford Kav Wilson **Hugh Wood** Clifton Weaver Jennifer Wimbish Linda Youmans Joel Weiner Linda Wimbish Marla Ziegler

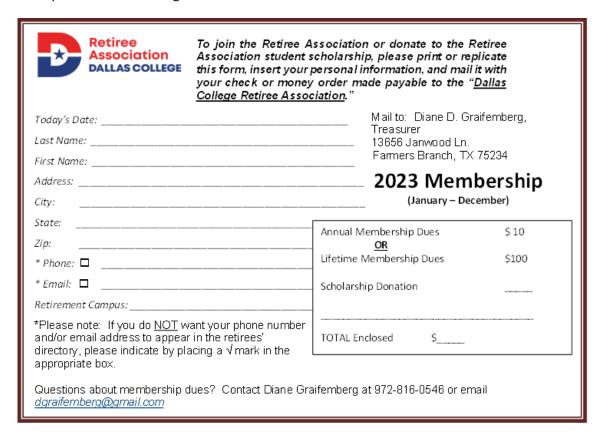
Are You Interested in Joining or Renewing Membership in the DC Retiree Association?



If so, go to the Retiree Website at https://www.dallascollege.edu/employees/retirees/ and complete the necessary information. Submit the application online. In addition to submitting the application online, you need to pay your membership fee. Annual membership fee of \$10.00. Lifetime membership is \$100.00. You may pay by check or online with Zelle. If writing a check, it should be made out to Dallas College Retirees and addressed to Diane Graifemberg, Dallas College

Retiree Association Treasurer, 13656 Janwood Lane, Farmers Branch, TX 75234. To pay online using Zelle, enter this phone number as the recipient in the Zelle app: (972) 816-0546. To get help with <u>Zelle</u>. Contact Diane Graifemberg at <u>dgraifemberg@gmail.com</u> or call Diane at (972) 816-0546 if you have questions about your membership status.

All 2022 annual memberships expire on December 31. If your name does not appear on either list shown above, consider joining the Association now as a Lifetime or 2023 Annual member. If <u>you</u> choose there is a membership form online on the Dallas College Retiree Web Site. You may also use the membership form to make a donation to the Retiree Association student scholarship on the Dallas College Retiree website.



Retirees Association Executive Board

President Lisa Theriot

Lmtheriot@msn.com

214-537-4294

Vice Susan Turner

President <u>susan.turner1@verizon.net</u>

972-422-2266

Secretary Linda Savage

Ljsavage50@gmail.com

972-9890032

Treasurer Diane Graifemberg

dgraifemberg@gmail.com

972-816-0546

Editor Glenda Easter

geaster@retiree.dcccd.edu

214-532-6733

Past Rodger Bennett

President rpbfape@dcccd.edu

214-886-6893

Retirees Association Event Coordinators

Theater Donna Strain

dstrain50@gmail.com

972-780-1413

Special

Events/

Rosie Steffen

Luncheons 972-699-9649

and

Georgia Francis

gsfrancis@aol.com

214-505-1766

Museum Bob Chambers

bchambers101@verizon.net

Social Media Norm Howden

rrgrandad@gmail.com

Historical

Don Baynham

Tours

donbaynham@outlook.com

Dallas College Retiree Website



We are currently updating our Retiree website so it will be the "go to" place to obtain up-to-date information about people and events for those who have retired. Bookmark the Retiree website at dallascollege.edu/retirees.



RESERVATION FORM



Spring Luncheon and Meeting

Event Date: Thursday, March 9

Reservation Deadline: Thursday, March 2, 2023

NAME:	PHONE #
ADDRESS	Make check payable to: Retiree Association
EMAIL ADDRESS	Mail to:
GUEST NAME(S):	Diane Graifemberg, Treasurer 13656 Janwood Farmers Branch, TX 75234
Enclosed Amount: (no. of persons) x \$17(per person) =	OR Pay with Zelle to 972-816-0546
Please indicate if you have dietary restrictions or if you are a vegetarian	

If you do not wish to print this form, please write this information on a sheet of paper and send to Diane Graifemberg.



Horse Races/Derby Day

Event Date: Saturday, May 6, 2023

Reservation Deadline: February 7, 2023

NAME:	PHONE #
ADDRESS:	
EMAIL ADDRESS	Make check payable to: Retiree Association Mail to: Georgia Francis
Enclosed Amount: (no. of persons) x \$70 (per person) =	7215 Winterwood Lane Dallas, TX 75248

If you do not wish to print this form, please write this information on a sheet of paper and send to Georgia Francis.

Ideas -- Suggestions -- "News About Us" -- "The Bucket List"

Please take a moment and help us make the Retiree Association everything you want it to be. If you have comments or suggestions, please write those comments or suggestions, and submit them to any of the Leadership Team. Contact information for the Leadership Team is on page 20 of this newsletter.

If you would like to share "News About Us" or "Your Bucket List" in the Retiree Newsletter, you may send your articles or bucket list by email to geaster@retiree.dcccd.edu.

You may also send this information to me through U.S. mail. Send these updates to

Glenda Easter, RET Express Editor 953 Green Castle Dr. Dallas, Texas 75232

We love photos as well to help our readers visualize the things shared in your article.

23

Retiree Association Events

Be on the lookout for events posted on the <u>Retiree Website</u> and the <u>Retiree</u> <u>Facebook page</u>.

Young Frankenstein





Holiday Luncheon







































